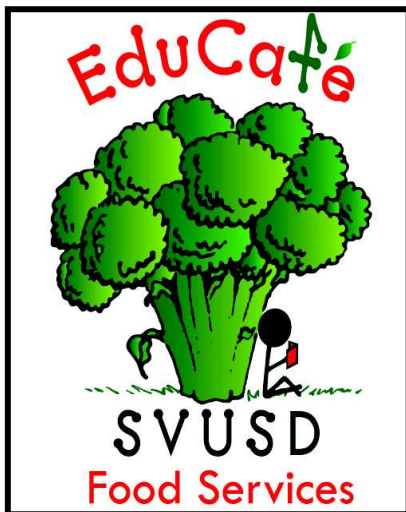


“Helping our students build healthy minds and bodies.”



How would you like your high school student to earn extra money during the school day without even leaving the campus? No need for them to look for a weekend or evening job! Not only can they earn \$8.75 an hour, but they can also get a free snack & lunch for assisting our food service staff in their Educafe. They will use our Point-Of-Sale computer system and help prepare simple food items. They will work during a portion of their snack and lunch break each day. There are also morning hours before school available if they are able to get onto campus early. Have your student see the Food Service Manager at the Educafe at their school site for more details. Come join our team!

Program Improvements

Here in Food Services we are always looking for ways to improve our program and the service we provide our students. Here are the exciting things that are in store for the 2011-2012 school year:

Elementary School Sites:

We will be implementing 2 new cold entrée items to our menu. This is in addition to the 2 hot entrée items offered daily. The first entrée will be a hummus plate offered to students on Mondays. This plate will include *homemade* whole wheat pita chips and fresh veggie sticks. Our hummus is also homemade at our Nutrition Center. The second will be an entrée salad offered on Wednesdays. It will rotate between a Chef and a Chinese Chicken Salad.

The elementary menu itself will also have a new look this year. It will no longer be monthly, it will be an ongoing 5-week cycle. You can download a copy of this menu on our website, educafe.svusd.org. You will need to click on Menus and then Elementary Breakfast or Lunch.

Secondary School Sites:

We are focusing on going back to scratch cooking. Many of the daily specials are made from a “speed scratch” method. We will also be adding more side salads this year (legume, cucumber/tomato, coleslaw) for students to select with their combo meals as a vegetable choice.

Along with an entree, students are able to select a bag of “baked” chips, a fruit and vegetable, a milk and a bottle of water. Last year we implemented the bottle of water with the lunch combo meal at the high schools. This year we are going to offer it to the intermediate students as well.

No place else can you get this amount of food for just \$3.25. It still is the BEST DEAL IN TOWN!!!

All Sites:

All bread items will be switched from white to 100% whole wheat (bread, buns, etc.). We will also be adding some legume salads (3-bean, Southwest) to our salad bar offerings.



Example of fresh fruit offered to students last school year from “Farm To School” and DOD produce programs.

Produce Offerings

This past school year we were able to take advantage of 2 wonderful produce programs. The first was “Farm To School.” The groves were within 35 miles of our district and supplied us with items such as oranges, strawberries, kiwis, grapes, peaches, plums, and nectarines. The second was the DOD (Department of Defense) produce program. This program allowed us to use our commodity entitlement funds to purchase specialty items such as avocados, blackberries, blueberries, sliced apples & bagged grapes. These are items that we would normally not be able to afford. We received such a positive reaction from students that we will again use these programs for the 2011-2012 school year.

Special Diet: **Gluten Free**

Our department has received many requests from parents of students with Celiac Disease for gluten free menu options. I am happy to announce that starting this school year we will be able to accommodate those students special needs. We have developed a modified gluten free menu. Entrée choices will include pizza, pastas (alfredo, macaroni & cheese, and spaghetti w/ meat sauce), and Asian bowls. All entrees will be produced in a designated section of our Nutrition Center using special equipment and utensils. These entrees will be sent pre-packaged and frozen to the school sites where meals have been requested. Cafeteria staff will then microwave the frozen entrée. Parents will be responsible for notifying the cafeteria or office manager of their site to let them know day their student will be eating with us. In order to receive these special meals, parents must have a medical statement on file, with our department, that is signed by a licensed physician. Click on this link to download this statement, <http://www.cde.ca.gov/ls/nu/cr/documents/medstat.doc>.

School Messenger– Parent Notification System

Our department will be using the School Messenger program to notify parents by email or phone, when their student’s meal account balance is either in the negative or below \$5. This will allow parents to replenish their student’s account, if they choose, without interrupting the student’s ability to receive a meal. Parents are able to deposit funds into their student’s account at the school site (check or cash) or online. Please visit our website for more information, educafe.svusd.org.